



HIGH SCHOOL LUNCH MENU

OCTOBER 2021

<p>National Apple Month</p>				<p>1</p> <p>World Vegetarian Day</p> <p>Chipotle Bean Chili </p> <p>Popcorn Chicken Salad</p>
<p>4</p> <p>Chicken Fried Steak with Gravy & Roll</p> <p>Cobb Salad </p> <p>Strawberry Milk Day</p>	<p>5</p> <p>Ranch Chicken Club Flatbread </p> <p>Buffalo Chicken Salad</p>	<p>6</p> <p>Chipotle Chicken Tacos with Mexican Rice</p> <p>Italian Salad </p>	<p>7</p> <p><i>Breakfast for Lunch</i></p> <p>Spicy Maple Chicken & Waffles Sandwich</p> <p>Chef Salad</p>	<p>8</p> <p><i>Early Release</i></p>
<p>11</p> <p><i>No School</i></p> <p>NATIONAL SCHOOL LUNCH WEEK</p>	<p>12</p> <p>Chicken, Bean & Cheese Burrito</p> <p>Baja Salad </p>	<p>13</p> <p>Penne with Chicken & Tomato Alfredo Sauce</p> <p>Chicken Caesar Salad</p>	<p>14</p> <p>Cheddar Jalapeno Hot Dog</p> <p>Chef Salad</p>	<p>15</p> <p>Bacon Cheeseburger </p> <p>Chicken & Cheese Salad</p> <p>National Mushroom Day</p>
<p>18</p> <p>Chicken Tikka Masala Bowl</p> <p>Chicken Drumstick with Roll</p> <p>Cobb Salad </p>	<p>19</p> <p>Chicken Tikka Masala Bowl</p> <p>Cheese Enchilada Casserole with Rice </p> <p>Buffalo Chicken Salad</p>	<p>20</p> <p>Chicken Tikka Masala Bowl</p> <p>Mac & Cheese </p> <p>Italian Salad </p>	<p>21</p> <p>Chicken Tikka Masala Bowl</p> <p>BBQ Chicken Flatbread Sandwich</p> <p>Chef Salad</p>	<p>22</p> <p>Chicken Tikka Masala Bowl</p> <p>Bacon & Cheese Baked Potato </p> <p>Spicy Popcorn Chicken</p>
<p>25</p> <p>Chicken & Vegetable Dumplings</p> <p>Cobb Salad </p>	<p>26</p> <p>National Potato Day</p> <p>Popcorn Chicken Mashed Potato Bowl</p> <p>Baja Salad </p>	<p>27</p> <p>Beef Mexican Lasagna</p> <p>Chicken Caesar Salad</p>	<p>28</p> <p><i>Breakfast for Lunch</i></p> <p>Scrambled Eggs</p> <p>Waffles</p> <p>Sausage </p> <p>Chef Salad</p>	<p>29</p> <p>Cheesy Baked Penne </p> <p>Ham & Cheese Salad </p> <p>Halloween Ice Cream Cup</p>

Grill: Burgers, Chicken Sandwiches, Popcorn Chicken or Nuggets with Roll
Pizza: Cheese Pizza, Pepperoni Pizza, Rotating Specialty Flavor
Deli: Deli Sandwiches, SunButter & Jelly Sandwich
Tortilla: Nachos, Tacos, Burritos

All meals offered with choice of fruit, vegetable and milk (1% white or skim chocolate)

Denotes vegetarian item Denotes pork item

*Menu subject to change

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